



## St. Andrew's Tidings



### **Labyrinth: The Walking Prayer**

The labyrinth is a model or metaphor for life. The Christian life is often described as a pilgrimage or journey with God, a journey in which we can grow closer in relationship with God, and in turn, closer to others.

In life, as in the labyrinth, we don't know where the path will take us. We don't foresee the twists and turns that the future holds, but we know that the path will eventually arrive at the center, God. Sometimes the path leads inward toward the ultimate goal, only to lead outward again. We meet others along the path—some we meet face-to-face stepping aside to let them pass; some catch up to us and pass us from behind; others we pass along the way. At the center we rest, watch others, pray. Sometimes we stay at the center a long time; other times we leave quickly. Ways to use the labyrinth:

1. Ask God a question upon entering and then listen for an answer.
  - For example: Ask God what he wants to tell you and listen for an answer.
2. Pray for yourself on the way in, stop to experience God's love in the center, and pray for others on the way out (or vice versa).
3. Recite the Lord's Prayer as you walk. (Instead, you may recite some familiar scripture. Repeat it as you walk.)
4. As you move toward the center of the labyrinth, focus on letting go of distractions or worries that keep you from God. In the center, spend time reflecting on your relationship with God. Be aware of God's presence. Then, as you leave spend time giving thanks and praising God for all that he has done.
5. As you move toward the center of the labyrinth, focus on letting go of distractions or worries that keep you from God. In the center, spend time reflecting on your relationship with God. Be aware of God's presence. Then, you will sense the need to move out into the world again. As you leave, walk with Jesus back into the places of ordinary life.

*Adapted from Soul Shaper by Tony Jones.*

Why might God be inviting you into a time of prayer and quiet?

Based on God's invitation, how might you use the labyrinth to pray?

Choose an option above that best fits where you are being led.

Before beginning to walk the labyrinth, ask God to protect and guide you during this time of prayer. In your own way, dedicate this time to God.

**THANK YOU** to all who helped with moving in to the renovated space, as well as to our music department and servers, and to all who came last week, making our first service a beautiful and huge success.



Please turn off your cell phones during the worship service. If they are on, it causes interference with the new microphones. Thanks!

#### **MORNING PRAYER AND HEALING TO BEGIN**

A service of Morning Prayer, which will include a healing service, will be held on Tuesday mornings at 9 a.m. in the chapel.

#### **LABYRINTH TO BE OPEN ON TUESDAYS**

The spiritual practice of walking the labyrinth will be available on Tuesdays.

**ORDO (Liturgical) CALENDARS ARE HERE.  
THE COST IS \$3.75.**

**SUNDAY SCHOOL WILL RECONVENE AT A LATER DATE.**

## Chairs

**The Chairs are \$240 each. We now have 89 chairs that have been purchased. If you would like to purchase a chair in honor of or in memory of someone, please see Anne Staley following the service.**

# GROCERY CART MINISTRY

During January we will be collecting peanut butter and jelly for the food pantry at the St. Andrew Baptist Benevolence Center. All food collected is given within our community. When you are shopping for your family please purchase some peanut butter or jelly to help those in need.



# SUPPER AT GRACE

Thank you for making St. Andrew's night for Supper at Grace such a huge success. A special thanks to Dick and Margaret Seeberger, Tom and Sally Brewer, Mary Johnson, Ted Broome, Linne Morgan, Marilyn Hermansen and Jackie Tate who helped cook, serve and clean up. Laurie Ayers and Ann Bruce also helped prepare fifty pack lunches, Gail Tambarino donated the peanut butter and jam for the lunches, Sue Webb picked up the Panera Bread donations and Teri Floore shopped for groceries.

The socks the parish provided were a huge hit with those attending the dinner and the extra ones were taken to the Rescue Mission for distribution there and at Bethel House.

Our next turn for Supper at Grace is Thursday, February 19th (the day after Ash Wednesday). What a wonderful opportunity to share in a service ministry at the beginning of Lent

### PLEDGE CARDS

THIS SUNDAY IS PLEDGE SUNDAY. PLEASE RETURN YOUR PLEDGE CARDS ALONG WITH LIVING STONES PLEDGES IF YOU HAVE NOT PREVIOUSLY DONE SO.

You may also send them to the office to the attention of Fran.

LIFELINE SCREENING TO BE AT ST. ANDREW'S

ON MONDAY, FEBRUARY 23

SPONSORED BY BAY MEDICAL-SACRED HEART

TO PRE-REGISTER CALL 1-888-653-6450

EARLY DETECTION IS THE KEY TO PREVENTION

SEE THE FLYERS IN BYRNE HALL OR THE INFO

ON THE BULLETIN BOARD

**Carotid Artery Screening-Atrial Fibrillation-Abdominal Aortic  
Aneurysm Screening-PAD Screening-Osteoporosis Risk  
Assessment**

**Sunday Servers**

If you are interested in being a lay reader, an usher, a greeter, or a torch bearer on Sunday, please sign the list on the bulletin board.

**2015 MEN'S CONFERENCE AT BECKWITH**

**MARCH 6-8**

**"FULLY HUMAN AND FULLY ALIVE: AN EXPLORATION OF  
PRAYER AND LIFE IN CHRIST"**

**THE MOST REV. FRANK T GRISWOLD, 25<sup>TH</sup> PRESIDING BISHOP**

**St. Andrews Movie Lovers Movie Night**

On Friday, January 16, 2015, St. Andrews Episcopal Church will host the St. Andrews Movie Lovers Movie Night. Details are as follows:

When: Friday, January 16<sup>th</sup>. Start time: 6 PM.

Where: Byrne (Parrish) Hall, St. Andrews Episcopal Church, 1608 Baker Court, PC 32401 [Parking in the Back]

What: Dinner and a Movie:

Movie: "The Dish" (2000) IMDb rating 7.3; Starring Sam Neill, Billy Mitchell & Roz Hammond. Rating: PG-13. 101-minutes. In the days before the July 19, 1969 space

mission that marked humankind's first steps on the moon, NASA was working with a group of Australian technicians who had agreed to rig up a satellite interface. That the Aussies placed the satellite dish smack dab in the middle of an Australian sheep farm in the boondocks town of Parkes was just one of the reasons that NASA was concerned. Based on a true story, "The Dish" takes a smart, witty, comical look at the differing cultural attitudes between Australia and the US while revisiting one of the greatest events in history.

Dinner: Pizza, red and white wine, ginger ale and chilled bottled water.

Trivia Contest at end with winner getting bottle of champagne.

Also please note: **We now have a big screen (48-inch) color TV!**

Other: No admittance fee, but donations accepted and encouraged. One-hundred percent (100%) of all donations will go to Living Stones building fund.

Questions: Contact Dr. Dan Finley at [dfinley@gulfcoast.edu](mailto:dfinley@gulfcoast.edu)

*Don't  
Forget your  
Pennies from Heaven  
For Living Stones*



## Year-end Giving

**St. Andrews Episcopal Church has had an outstanding year, our accomplishments are due to the financial support of our church family and friends. We are grateful for the support so many of you have given through your time, talents and gifts. As you consider year-end giving, please remember St. Andrews. All donations are tax deductible and can be given in cash, stocks, bonds, mutual funds, etc. Each of you is so important to all of us and make us whole as we come together as one to give praise to our Lord.**

*Please keep the following in your prayers : Warren, Ruth Ann, Iva, , Jeremy, Rosemary, Kiley, Maggie, Patricia, Anne, MaryLou, George, Walt, Susan, Mary, Anna, Diane, Sara, Debbie, Sarah, Robin, Tammy, Alex, Betty, Jim, Mikey, Larry, Gary, Jonathan, Pat, Marty, Rita, Eric, Stephanie, Elijah, Dorothy, Dan, David, Don and Family, Kristy, Austin, Sandra, Anne, Tracy, Page, Norma, Lisa, Elaine*

*We pray for our men and women in the Armed Forces at home and abroad: Jeff, James, Andrew, Kenneth, Evan, Ryan, Joe, Nate, Richard, David, Brian, Jason, Billy, Colin, Todd, Brett, Jordan, Jeremiah*