



St. Andrew's Tidings

Message from Margaret+

Where are you in your journey?

Buddhist teacher Jack Kornfield has written about an ancient custom among nomadic peoples, among Bedouins and gypsies—a ritual that is designed to prevent wanderers from remaining strangers. Since these peoples frequently moved around geographically and often had to leave abruptly, “they needed a quick, direct, and honest way to be in relationship” with those they met on the way. So, he reports, the custom developed of getting to know other people through three simple questions: *Who are you? Where are you from? Where are you on your journey?*

Where are WE on our journey from Jesus' Resurrection to his Ascension and beyond? Are we still gazing up at the cloud, or have we learned how to move on from this glorious event to its implications for our mission in the world? How do we spend our energies post-Ascension, working on the mandate that Jesus gave us to love the world and bring it to him.

I would hope that we would see the Ascension as a banner day for us—one to move us from our feet stuck to the ground, to moving out the door of our safe existence inside our worship space into the world and beyond. For, you see, the Ascension comes forty days after Easter and ten days before Pentecost. Historically, it celebrates one of the most relevant mysteries of the Christian gospel. The idea of Jesus' Ascension is that it does not take Christ out of the world, removing him from history and the things of human-kind, but puts Christ into history, connecting him with humanity in everything. We must not stand looking up into heaven, but we must be busy in ministry in the world.

So, let the Ascension be the catalyst for us to fill this place every Sunday, preparing ourselves to be ministers in the world. Bring a friend to church on Pentecost-next week- to celebrate the birthday of the church as we know it, and to share with others the risen Christ, the Ascended Christ, and the presence of Christ forever, through the Holy Spirit!

Blessings and love,

Margaret+

BISHOP'S SEARCH:

As you all know, we as a diocese are in the process of calling a new bishop for the diocese. This is a costly process, and therefore, the diocese has asked the parishioners of each church to contribute to this effort. St. Andrew's has been asked to contribute \$7,000. If you would like to donate, please make your check to the Diocese of the Central Gulf Coast. It will be tax deductible. Thanks.

LIVING STONES

Don't forget to check out the books on the table in Byrne Hall. There are still some interesting titles available. The money collected from the sales goes toward our Living Stones campaign.



TIME FOR BREAKFAST

Beginning June 1st. we will begin having breakfast at 8:30 a.m. once again. On June 8 there are plans being made for Pentecost, so that will be announced later. Please get with your Foyer group, your Reunion Group, your Prayer group etc. and sign up to do breakfast. Last year's menus were wonderful !

Pledges and Tithes

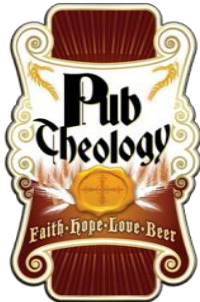
For the first time in a long time we are running behind in our giving/receiving. Granted, there has been a lot of illness etc. But it would be incredibly helpful for everyone to bring their giving up to date. Summer is approaching, air conditioning goes up etc. and many will be traveling so don't forget about your check to the church. Please consider your gifts to God at this time. Thanks.

COOK BOOKS



We still have centennial cookbooks for sale! Where else can you get a useful \$10 gift? Why not buy several and keep them on hand for those last minute occasions when you need a gift? Plus, the cookbooks reflect the wonderful heritage of our church. Remember, each adult member (male and female) is asked to buy at least two cookbooks to help raise money for the Living Stones campaign. By purchasing cookbooks, each of us takes an active role toward reaching the goals of making our church more accessible and of enhancing a sense of community at St. Andrew's. Visit the table in Byrne Hall and purchase yours today.

**Pub
Theology
Monday
Night
6 p.m.
"The Place"**



**Bring a
Bible-
no
experience
necessary!**



Tai Chi Classes to Begin Soon

An eight week Tai Chi workshop will begin soon on Tuesdays, beginning June 3. Lynda Jones will be the teacher. She has practiced for over 30 years, and has studied Tai Chi with Master Chung Jen Cheng of Taiwan before being given permission to teach Tai Chi Yang Style form.

Students will focus on perfecting the first 18 postures of the Yang Style form. Classes will begin with several warm-up exercises to help improve body flexibility. Breathing exercises will be taught to help the body release tension and focus on the practice. Handouts will be provided to help reinforce class study. After each eight week study, there will be a break, and then another eight week study. Classes are \$4 per class.

If you are interested in taking the class, please sign up on the bulletin board in Byrne Hall. Please see the following information from the instructor:

TAI CHI INSTRUCTORS EXPECTATIONS

- 1 - Wear composition sole footwear that will allow pivot turns**
- 2 - Wear loose, comfortable clothing**
- 3 - Try not to eat within 1 hour of class**
- 4 - Know your own stamina and limitations**
- 5 - Hydrate with liquids several hours before and after class**
- 6 - Chairs are provided to use any time when necessary!!**
- 7 - PLEASE turn off your cell phone prior to class**

Thank You, Lynda Jones

Please keep the following in your prayers : Louis, Ann, Maggie, Anne, Jerry, Jeremy, Patricia, Joe, David, Michele, Evan, Lauren, Wyn, Laurie, Bob, Sean, Jeanne, Irv, Peggy, Mary Jane, Pat, Matthew, Shawn, Charlie, Kris, Mary, Kitty , Holly, Tiffany, Lindsey, John, Bubba, Sandra, David, Frances, Warren, Ruth Ann, Rosemary, Iva, Janet, Glen, Robert, Linne', Ginny, Pete, Steve, Maria, Ethel, Joy, Jane, Kelly, Ryan, Colleen, Pete, Joni, Tim, Carol, Kelly

We pray for our men and women in the Armed Forces at home and abroad; Jeff, Bowe, James, Andrew, Kenneth, Evan, Ryan, Joe, Nate, Richard, David, Brian, Jason, Billy, Colin, Todd, Brett, Jordan