



St. Andrew's Tidings

Message from Margaret

This coming week we have two very important events in the life of the church coming up. First is Shrove Tuesday, March 4th at 6 p.m. Shrove Tuesday is the Tuesday before Ash Wednesday- which is the first day of Lent. It's a day of penitence, to clean the soul, and a day of celebration as the last chance to feast before Lent begins. But there's more to Shrove Tuesday than pigging out on pancakes and sweets, and delicious wines. The pancakes themselves are part of an ancient custom with deeply religious roots.

Shrove Tuesday gets its name from the ritual of shriving that Christians used to undergo in the past. In shriving, a person confesses their sins and receives absolution for them. When a person receives absolution for their sins, they are forgiven for them and released from the guilt and pain that they have caused them. In the Catholic or Orthodox context, the absolution is pronounced by a priest. This tradition is very old. Over 1000 years ago a monk wrote in the *Anglo-Saxon Ecclesiastical Institutes*: In the week immediately before Lent everyone shall go to his confessor and confess his deeds and the confessor shall so shrive him.

Shrove Tuesday is a day of celebration as well as penitence, because it's the last day before Lent. Lent is a time of abstinence, of giving things up. So Shrove Tuesday is the last chance to indulge yourself, and to use up the foods that aren't allowed in Lent. Giving up foods: but not wasting them. In the old days there were many foods that observant Christians would not eat during Lent: foods such as meat and fish, fats, eggs, and milky foods. So that no food was wasted, families would have a feast on the shriving Tuesday, and eat up all the foods that wouldn't last the forty days of Lent without going off. The need to eat up the fats gave rise to the French name *Mardi Gras*; meaning "fat Tuesday." Pancakes became associated with Shrove Tuesday as they were a dish that could use up all the eggs, fats and milk in the house with just the addition of flour.

The next day, Ash Wednesday, March 5th, and the seven weeks before Easter have been observed through the centuries as a time of penitence and self examination, with the ashes on our foreheads serving as a reminder of our

mortality and humble status before God. The words of the Old Testament prophet Joel set the tone as God calls out: "...return to me with all your heart, with fasting, with weeping, and with mourning." But there is also the promise of grace and redemption in the midst of cataclysm, for the lord is merciful, slow to anger, and abounding in steadfast love, and relents from punishing." Thus, if the people will repent in their innermost being, the Lord will heed their cries.

However, repentance is not just an act of individual piety; it is a function of the entire community. Thus, the prophet calls people of all ages, from infants to the aged, to fast and to join in a "solemn assembly."

So be present at the wonderful Mardi Gras feast where we will crown the king and Queen, and then we will move to dust and ashes as we bury the "Alleluias" and look forward to keeping a Holy Lent."

Blessings and love,

Margaret+



Thank you to Bob and Rose Dallas, Teri and Tom Floore, Linne' Morgan, Barbara Sontag and Laurie Ayers for representing St. Andrew's in the CROP Hunger Walk last Saturday. The St. Andrew's team raised over \$450. Many thanks also to parishioners and friends who supported the team with contributions. Together, we did make a difference!

Last Chance to Vote!



Shrove Tuesday is drawing near! Remember to vote for your choices for St. Andrew's Centennial King and Queen. The king and queen will be crowned at the Shrove Tuesday pancake supper. All proceeds go to the Capital Campaign Funds.

MEN'S CONFERENCE AT BECKWITH

FEBRUARY 28–MARCH 1

**WHY THE LITURGY ROCKS: HOW EPISCOPAL WORSHIP CAN LEAD TO
HEALTHY AND AUTHENTIC LIVING**

PRESENTED BY

***THE VERY REV. IAN S. MARKHAM, PhD
DEAN AND PRESIDENT OF VIRGINIA SEMINARY***

SEE THE BULLETIN BOARD!

New Parish Directories

Thank you to everyone who helped us publish our new directory by having your pictures taken and updating your contact information. If you would like an extra directory they will be available for \$6.00 each which covers the cost of printing. If you have not picked up your copy, please do so from the church office. If you are not in the directory please submit your contact information and we will publish an addendum to include anyone omitted. If there is a change in your information, please WRITE out the new information so a correction can be made.

If you want to give flowers during Lent, we will use pale purple or white.

MARDI GRAS PANCAKE SUPPER

You are cordially invited to attend our Mardi Gras Shrove Tuesday



Pancake Supper

Tuesday, March 4 at 6:00 p.m.

Pancakes, New Orleans Jazz, Dancing! Fun for All Ages

Experience the Crowning of the King and Queen of St. Andrew's!

At the end of the night we will bury the Alleluias

Not to be heard again until the Easter Vigil

Bring your most decadent dessert and wine to share.



BASIC NWFL, INC.

Panama City, Florida 32401

Donations Needed

Body washes/soap (male/female)

Women personal hygiene items

Basic household cleaning supplies

Laundry detergent

Bleach

Toilet tissue

Paper towels

Air freshener

Deodorant (male & female)

Shampoo & conditioner

Toothpaste/toothbrushes/Mouthwash

Razors (male & female)

Lotion & powder

Hand soap

Dish detergent

Towels & wash cloths

Socks, gloves, hats (appending cold weather)

Blankets

Basket will be in Byrne Hall for collections



OUR FEATURED ARTISTS THIS MONTH

CAMILLA JIMMERSON AND THAD COFER

Our artists this month are two of our members, Thad Cofer and Camilla Jimmerson. Thad works with iron, and has displayed some beautiful iron work. Camilla is a talented sculptor and a number of her works are in the gathering space. Refreshments will be in the narthex to make it easy for you to grab a cup of coffee and visit with our artists. Thanks to artist, Colleen Green, for helping with the display.



Shrove Tuesday, March 4, 6 p.m.

Ash Wednesday, March 5, 7 p.m.

PILGRIMS TO CURSILLO MARCH 13-16

BOB AND TONI BANKS, CAMILLA AND JERRY JIMMERSON,

DAN FINLEY, RAY WISHART

FUN AT CONVENTION!



Our delegates!

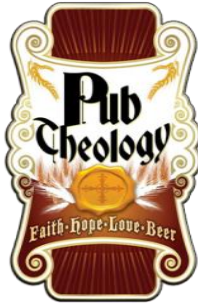


Go Frank!!



*Mary and Art join
Kathy and Frank*

*Pub Theology
Tomorrow
Night
6 p.m.
"The Place"
on Harrison*



*Bring a
Bible-no
experience
necessary!*

Please keep the following in your prayers : Daniel, Doug, Eli, Kyle, Bob, Sean, Tim, Libby, Marilyn, Sue, Michael, Kyle, Charlotte, Elizabeth, Colleen, Ryan, Joy, Jane, Anna, Michela, Doris, Helen, James, Maggie, Pat, Judy, David, Jerry, Amy, Julie, Frances, Henry, Lena, J.W., Harold, Wendy, Sandy, Charley, Danette, Pam, Eric, Robert, John, Toni, Sandie, Barbara, Deborah, Stephanie, Steve, Jane, Joy, Colleen, Ryan, Joni, Linda, Jeremy, Lauren, Rebecca, Margaret

We pray for our men and women in the Armed Forces at home and abroad; Jeff, Bove, James, Andrew, Kenneth, Evan, Ryan, Joe, Nate, Richard, David, Brian, Jason, Billy, Joseph, Colin, Todd, Brett, Jordan